

Make your journey easier... with the SEStran Thistle Assistance Card



The quick and easy way to get help when using public transport



People with disabilities often need a little more time to get on and off public transport and to have a safe and comfortable journey to their destination.

The aim of the **SEStran Thistle Assistance Card** is to help anyone who has difficulty in using public transport because of their age, disability or illness. It will quickly and easily tell the bus driver about any extra help you may need during your journey.

The card is supported by a wide range of voluntary organisations and most bus operators in South East Scotland.


How does the Thistle Assistance Card work?

Enclosed are some peel-off stickers which show different disabilities (square stickers) and the type of help you need (rectangular stickers).

Peel off the stickers which show your disability and the help you need, and put them on the front of the **SEStran Thistle Assistance Card**.

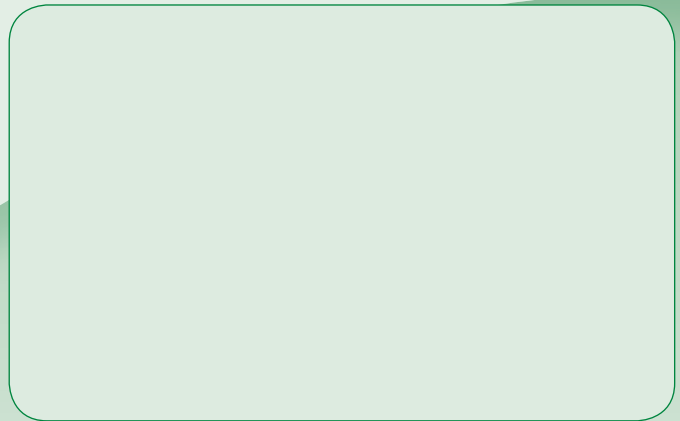
- › When using public transport, show the card to the bus driver, who will then be able to quickly see what you need.
- › On the back of the card you can add any extra details that you may think will be useful to the bus driver.
- › Please show the card clearly to the driver.





Simply peel the relevant sticker(s) and attach them in the space provided on the front of the SEStran Thistle Assistance Card, then show it clearly to the bus driver the next time you use public transport

Your SEStran Thistle Assistance Card



Please note that the SEStran Thistle Assistance Card is for information only and does not mean that you get a concessionary or discounted fare.

What is SEStran?

SEStran is the Regional Transport Partnership (RTP) for South East Scotland. We are made up of eight local councils: Borders, East Lothian, West Lothian and Midlothian, Edinburgh, Fife, Falkirk and Clackmannanshire.

Our aim is to provide everyone living in South East Scotland with good access to healthcare, education, public services and employment opportunities.



For further information and list of stockists please visit www.sestran.gov.uk



The SEStran Thistle Assistance Card is supported by:



All SEStran publications are available in a variety of formats, including large print, braille and range of minority languages. For further information, please contact us on 0131 524 5150.